May 2021 | Volume 02 | Issue 05



**Cover Story** Yashpal Sharma

Book Review Fake Posh

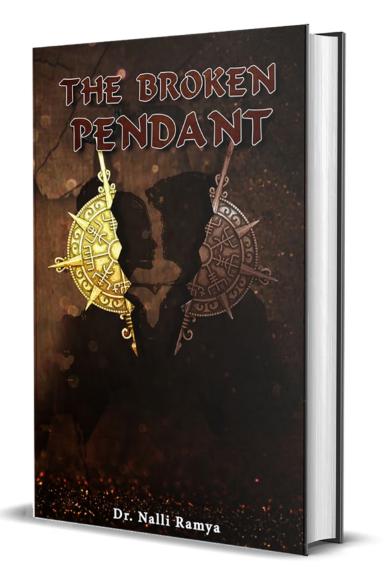
Story My Mother's Spirit

Art/Artist Sachin Vidrohi Art/Artist

Art/Artist Shimla (Himanchal Pradesh)

Art/Artist Food (Himachal Pradesh)

BOOKS OF THE MONTH



#### THE BROKEN PENDANT Dr. Nalli Ramya

When young mark starts reading a grubby old diary dated past 2014, that was found in his attic. He finds writting by a person named Daniel , an 18 year old archeology student. Dairy reveals a series of events and bizarre dreams that Daniel was haunted by. Knowing that he was followed by a stranger , Daniel decides to take help of his friends Joseph and Jenny especially when he was handed a broken pendant by a stranger and later finds his choas was related to the Pendant he was given . The Broken Pendant is a smashing tale about how Daniel battles the difficult conundrums during his bewildering journey to find answers. The story was set in Teotihuacan pyramids, Mexico and Houston, USA. It is a complete fictional tale revolving around friendship, love and humour.



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# From the **EDITOR'S DESK**

Ever since the global pandemic had hit; we had witnessed a paradigm shift in the literature also. Indeed! It has affected millions of lives all over the world and had left a never-ending scar on our thought-process but do we really need to divert our attention to the negativity surrounding it? It has become almost a common sight amongst the authors to find either stories, poems and novels either focused or inspired from COVID. Is our literary legacy so much volatile that a global pandemic has shifted the attentions of creative genius from creating meaningful content to writing just about a global pandemic? Undoubtedly; our literary legacy is far more rich and

vivid than to wither away from such petty storms. The Literary Mirror presents its May Edition with an path to bring quality works in this turbulent time.

**Nitish Raj** Editor-in-Chief The Literary Mirror



May 2021

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### Managment

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## Fake Posh A COLLECTION OF SHORT STORIES

This book is filled to the brim with so many themes and elements. I think I haven't read a book like this one for the longest time now. I have been sticking to novels all this while and to read a book like this is just so refreshing and pleasing to the mind.

This book gave off a unique kind of experience to all readers after they have completed it. A book so vast and massive in its content will make a good choice for your next read and one that is highly unlikely to disappoint. I somehow gained a lot from this book, it gave me a sneak peek into a lot of different things and kind of made me view things from a different perspective and change my judgment about a few things.

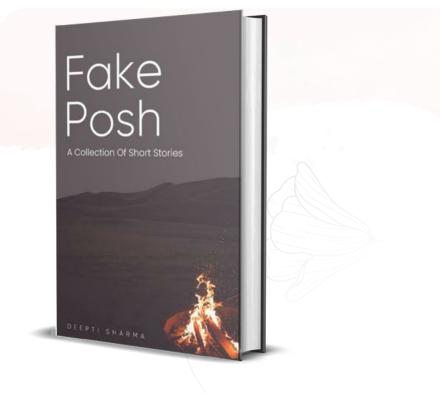
I would say this book is quite interesting and intriguing. There was never a dull moment while reading it. Something is always happening and it keeps on pushing you to read forward. The stories kept me hooked right from the first page until the very end.

To talk about the writing style, it is on point and can be very easy for everyone to understand. It is not at all complicated or complex. It flows smoothly and allow the readers to have a great time while reading.

The author has done a memorable job regarding the writing of this book, and I can fully say I had a beautifully unique experience while reading it.

**Book Review by** Enrida Lakiang Lyngdoh







### **My Mother's Spirit**

This time my mother's spirit climbed highly. This time wasn't like others, others of going and backing, this time her spirit rejected all the hard striving for. She got bothered, exhausted while in every time she was believing in Allah fate. She didn't fear death. She faced bravely completely as everything in her life (that's enough), and sometimes in the conditions of

Nagwa Alsoda, Egypt

hopelessness out of the severe pain and her extreme sense repeats (May I die)I got you tired my dear, my sweetheart, She catches her hands and kisses her forehead and alarmed hugs her for fear of not hurting her (never say this!).The emergency room was crowded with doctors in a hopeless endeavor to hinder the flood of the blood rivers that push over her chest, while they don't know where? She never complains, but satisfied and helpless.That moment she believed in fully, (All that come from Allah good ).One of them cried to get out of the room and return home.The smell of death surrounds the place.The doctors perplexed gestures confirmed. Her sons unable to absorb except the middle one.Too sad and too quiet with great patient tried to hide where his eyes revealed tapped on his sister's shoulders and paved for her "No way, Allah fate".



### **Possessiveness in Love** - How much is too much

hat miraculous moment when you think your life is altered for eternity! An emotional warmth running down your soul deeply, making you reel in a compelling feeling that the time has collapsed to a tiny speck and is ready to explode at a lightning speed. That magical moment is called love where your heart strums the tune of exultation continuously. A beautiful state where your heart flutters and you have butterfly feelings in your stomach at the mere sight of that special person or the mention of that one particular name.

An alluringly enchanted feeling where you go beyond simply 'loving someone' to the bliss of 'being in love'. Desiring your partner's happiness as much as yours, traversing past the plain physical attraction, and growing to adore, admire, and care for that person. Being happier around that person and feeling motivated to be the best version of yourself, driven by the impulse of shining through. An unconditional selfless feeling where you feel exhilarated around your partner and sense an intense connection with the person. It is simply a dreamy phase where your head feels like in the clouds and you want to flow along with that warm comfort and unwavering trust.

The sentiment of love is often accompanied by a deep need for

possessiveness where you want the person all for yourself and crave for all their love and attention. That sweet sentiment of 'be mine' and desiring for your partner is guiltlessly acceptable and even considerably required in a relation. That powerful sense of attachment accompanied by a surge of attentiveness from your partner feels mesmeric and you dance in the merriment of being wanted and desired by your loved one.

Despite the sign of those subtle sentiments on the verge of making you feel quashed at times, deep down you do tend to secretly crave for all that attention that results out of that strong sense of belongingness. However, when that innocent inclination starts transforming into a controlling and aggressively possessive nature, making you want to own your partner, the relationship is sure to roll down a slippery slope.

So, how much of being possessive in a relationship is not too much, or when does it become too much?

More than the feeling of possessiveness, it is the feeling of belongingness that nurtures a healthy relationship. That dedication and devotion towards your partner and an innocent expectation of those sentiments being reciprocated warmly! A mutual sense of belongingness with a few



Jyoti Jha, Columnist

specks of jealousy, healthy teasing, and abundance of acceptance and affiliation brings security in a relationship. These moments of shared enjoyment and feeling connected to your partner seem naturally comforting.

However, sometimes a partner may feel their feelings are not returned with equal intensity, and then there is a natural tendency of developing insecurities and fear of abandonment. And this is when that sweet sense of belongingness starts to take the ugly form of possessiveness.





of love, this feeling of possessiveness when becomes persistent in a relationship, it starts developing a negative trait and initiates a crack and a weakening of the beautiful relationship. What follows later poses the challenges and an onset of a difficult phase, that of being unable to sustain the relationship with the same intensity and fervour.

Being possessive in love is fairly relishable if the feeling of 'I love you and want you to be happy' resonates in the relationship, and not the overbearing negativity of 'I love you and you should make me happy'. Those sweet and caring gestures seem so subtle at first and gradually become toxic with each passing day. Those partner, which at first appear to have your best interest at heart, but later start to breathe down your neck.

It is time you pay attention to your relationship, voice the concerns, have effective communication, and rule out any negativity that the destructive possessive traits are causing. Because however unnerving the feeling of over possessiveness in a relationship may seem at one side, a perfect dose of 'belongingness' in love is incessantly needed to nourish the loving bond. In romantic belongingness, a mutual act of giving and receiving, caring, enjoying the feeling of togetherness is important, rather than being overpowered by the sense of possessing an object in the form of

your partner.

A meaningful belongingness with a little room for an acceptable level of jealousy, the healthy act of possessing your partner, and a fusion of underlying profound love is simply euphoric. So, let the relationship flourish where two identifiable individuals deeply love each other and enjoy a healthy level of belongingness to keep the charm of the relationship going. Instead of strangulating a beautiful possibility with an aggressively unhealthy proportion of possessiveness and giving a slow death to a cherished relationship.



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### **BOOKS OF THE MONTH**

	Book The Silent Patient Author: Alex Michaelides Publisher: Fingerprint! Publishing (10 January 2017) Price: INR 294 Pages: 352 pages Pages: Language: English	
A Thousand Splendid Svns Halle Constant Splendid Svns Halle Constant Splendid Svns Halle Constant	Book: A Thousand Splendid Suns Author: Khaled Hosseini Publisher: Bloomsbury Paperbacks; Price: INR 405 Pages: 432 pages Language: English	
TO BELLETING UNDER TOR ALASKA THE BLETTING UNDER THE FUELTING UNDER TH	Book: Looking for Alaska Author: John Green Publisher: Harpercollins; Latest edition Price: INR 189 Pages 271 pages Language: English	
Street Carden FANCES FROMMAR BIENET	Book: The Secret Garden Author: Frances Hodgson Burnett Publisher: Fingerprint! Publishing (15 February 2018) Price: INR 158 Pages: 280 pages Language: English	





### Yashpal Sharma

Gagaajal, Ab Tak Chhappan, Lagaan, the Gangs of Wasseypur cameo are just some of the numerous memorable movie acts by Yashpal Sharma. The ever so versatile actor has been in the industry for over a decade and the audiences just cannot get enough of him. Such is the quality of his art that he is loved more in Bihar than in his home state, Haryana. Here's a look at his journey right from his rising days of school and college to all that he is currently doing for the growth of regional cinema in Haryana.

#### Shy school life

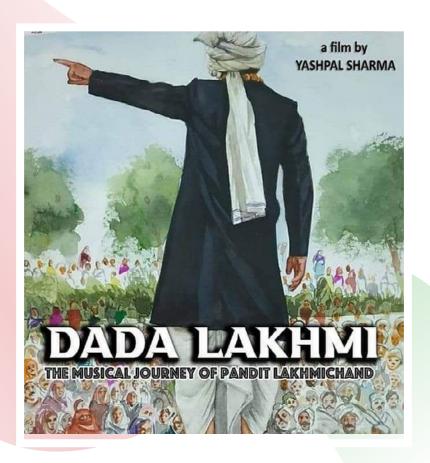
A Haryana born guy, Yashpal belonged to a poor family and studied in a government school. The centre of education lacked many facilities and there was no provision of learning English till 5th standard. Even the basic alphabets of the language were taught from the 6th standard onwards. The school's ceilings leaked during rain and hence, students were given a holiday on such days. Due to lack of space, classes would also be held under the tree with a small blackboard nailed into its trunk and students seated on the ground. There was no provision of male teachers until the fifth standard. On the personal front, Sharma was a shy child and would never get into an argument with anybody which helped him have a quiet but memorable school time.

#### The struggling days of college

By the time he got into college, he had developed an interest in acting which started with performances in the cultural Raamleela organised in his locality. Because of his amazing acting skills, he would be specifically requested by the college authorities to take part in plays and other theatrical events. After suffering the loss of his mother, he began working outside to help the family's financial needs. Yashpal gave tuitions, repaired punctures, cleaned utensils, etc. He would work in the day, attend college in the night and do theatre afterwards. A fan of poets like Rahat Indori, Dushyant Kumar, his first stage success came when he recited the poem '21st century' in college for which he had prepared day and night with complete zeal. Moments before the performance, he had his legs trembling and nervousness swirling throughout







Dada Lakhmi film is based on Hariyanvi Poet Pandit Lakshmi Chand. It is a musical story. The music was composed by Uttam Singh, Yashpal Sharma says Team invested blood and sweat in making Dada Lakhmi.

his body. Sharma's determination to deliver the best proved vital and he clinchevd the first prize in the event. Thereafter, wherever he recited that poem, it won him nothing but the first prize. His amazing hold in languages like Bhojpuri, Bihari, Bundeli, etc. was because in childhood, his neighbourhood was filled with people coming from similar states and him having acquaintance with most of them. He feels that the aforementioned languages are down to earth and reflect 'Indianness'.

#### For the growth of cinema

Though he is a mainstream Hindi Cinema actor, Sharma does a lot to promote regional cinema, precisely Haryanvi, which remains an ignored entity despite being full of talent. He wishes to transform the art of cinema in Haryana someday and bring it to the forefront like its counterpart states UP, Bihar, Assam, etc. He wants to open a school and bring theatre education to the mainstream right from the beginning of a child's academic years.

#### Advice to the young guns

After working for so many years, he feels it is always important to do what one is good at. It helps in achieving clarity of thoughts which is important to achieve success. He observes that the passion and determination he showed towards acting were two distinct things that helped him reach where he is today.



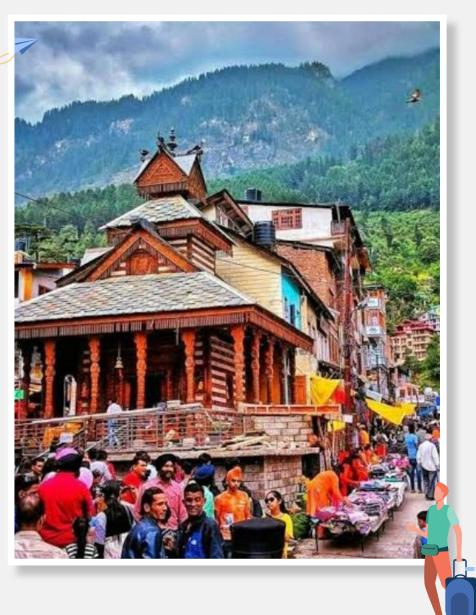


### Kullu (Himanchal Pradesh)

#### **Credit : Google**

**ullu** is a district in Himachal Pradesh, India. The district lies in central Himachal and is famous for its tourist stations and Himalayan Treks connecting the trails with far remote regions between the adjacent districts of Lahaul and Spiti, Kinnaur, Mandi and Kangra districts which are bordered at North - North East, East, West and South Of Kullu respectively. The District is also a home to some of the Ancient settlements, Traditional Handloom and Apple Cultivation. It stretches from the Town of Rampur in the south to the Rohtang Pass in the North. The Main Kullu Valley which falls between the Pir Panjal Himalayas and Northern Edge Of The Dhauladhar or Bhangal Region lies at an elevation ranging from as less as 833 M to 3330 M from Aut Tunnel North Portal (Some areas meshed in Mandi District Administrative Limits ) to Atal Tunnel South Portal On NH 3 and NH 505.





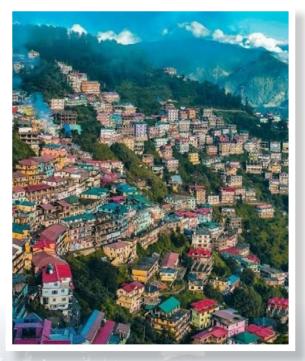


### Shimla (Himanchal Pradesh)

#### **Credit : Google**

Summer capital of the northern Indian state of Himachal Pradesh, in the Himalayan foothills. Once the summer capital of British India, it remains the terminus of the narrow-gauge Kalka-Shimla Railway, completed in 1903. It's also known for the handicraft shops that line The Mall, a pedestrian avenue, as well as the Lakkar Bazaar, a market specializing in wooden toys and crafts.











### HIMACHAL Arts & Crafts

#### **Credit : Google**

The handicraft that comes out of this state are the carpets, leather works, shawls, metalware, woodwork and paintings. Pashmina shawl is the prity product which is highly in demand not only in Himachal but all over the country. Colourful Himachali caps are also famous art work of the people. A tribe namely Dom is expert in manufacturing bamboo items like boxes, sofas, chairs, baskets and rack. Metalware of the state include utensils, ritualistic vessels, idols, gold and silver jewelleries. Weaving, carving, painting, and chiselling are considered to be the part of the life of Himachalis. Himachal is well known for designing shawls especially in Kullu. The architecture, objects, shops, museums, galleries and craftsmen charm with the variety perfected through time. Women take an active part in pottery and men in carpentry. For ages, wood is used in Himachal in the construction of homes, idols etc.







### MEET INDIAN ACTOR SACHIN VIDROHI

Sachin Vidrohi is an Indian actor, who works mainly in the Hindi film industry. He is best known for his performance in the mini series called "One Tip One Hand". Sachin was associated with theatre arts for many years before he started appearing in short films and web shows, some of his acclaimed works are "Kota Factory", "Flames" and "Dil Patang". He is active in theatre circles in Delhi since 2013.

◆ It was year 2010, I was in class 10 when I did my first accidental stage performance as a part of classroom activity (it was unplanned) in English lecture, then I got some interest and I used to bunk a few tuition classes and watch plays at SRC Mandi house, Delhi.

◆ Year 2013, When I joined college, I gave audition for dramatics society but couldn't make it, I couldn't clear the final round, I became very hopeless since the only option left was - rat race of engineering.

◆Finally, after 6 months, theatre chose me, I was called for an open audition along with a few other students and I got selected and became a part of Yakshagna Theatre Society.

◆ Year 2017 (yes time flies), I graduated but I wanted to continue theatre so I joined Atelier Theatre (Dehli) as a workshop assistant , later I got chance to act and assist in many plays there.

◆ Year 2021, here I am, enjoying this journey and sailing between "You are locked" and "Release your dates".

"Theatre has helped me in understanding life and myself in a better way, it has made me a sensitive person. Theatre is no less than a therapy I believe."

I wouldn't say that I chose theatre rather I believe that "Theatre chose me".





# Himachal Pradesh Dance

#### **Credit : Google**

he traditional dances of Himachal Pradesh are very complicated. These dances are a vital part of tribal life. It reflects the culture and the tradition of Himachal. Hardly any festivity there is celebrated without dancing. Dance forms such as Nati are performed all over the region







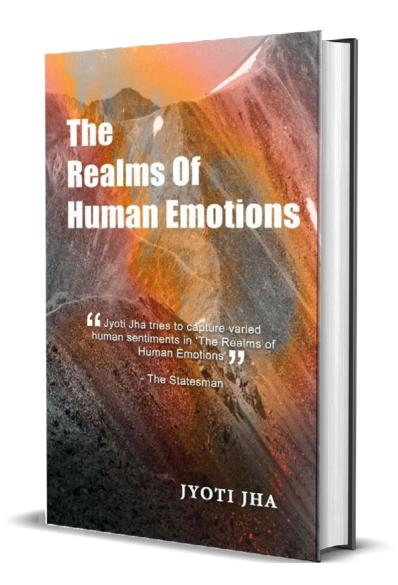
# FOOD Himachal Pradesh

The day-to-day food of Himachalis is very similar to that of the rest of north India. They too have lentil, broth, rice, vegetables and bread. As compared to other states in north India non-vegetarian cuisine is preferred. Traditionally, Himachali cuisine is dominated by red meat and wheat bread. Thick and rich gravy, with aromatic spices, is used in abundance as the base of many dishes. Dham is the traditional food served in marriages or other functions. Siddu, Patrode, Cheele and Babru are the authentic snack dishes of the state. Now, steamed momos (dumplings) and noodles are also readily available and popular with travellers who want to graduate to Indian food slowly. Some of the specialities of Himachal include Manee, Mandra or "Madra", "Palda", "Redu" Patrode, Chouck, Bhagjery and chutney of til (sesame seeds).









#### **THE REALMS OF HUMAN EMOTIONS** *Jyoti Jha*

'The Realms of Human Emotions' by Jyoti Jha aims at providing an immersive experience of sentiments impactfully drawn from the spheres of human emotions from regular living. Through this book and the compelling and captivating stories, the author is all set to entrance the readers exploring human emotions that define our existence and delicately balance the relationships around us.



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