

The

A MONTHLY LITERARY E-MAGAZINE

Literary Mirror

A Venture of LITERIA Insight



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Projato Chakraborty

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Jyoti jha

Featured

Dr. Harjeet Sra

Art/Artist

Chhattisgarh

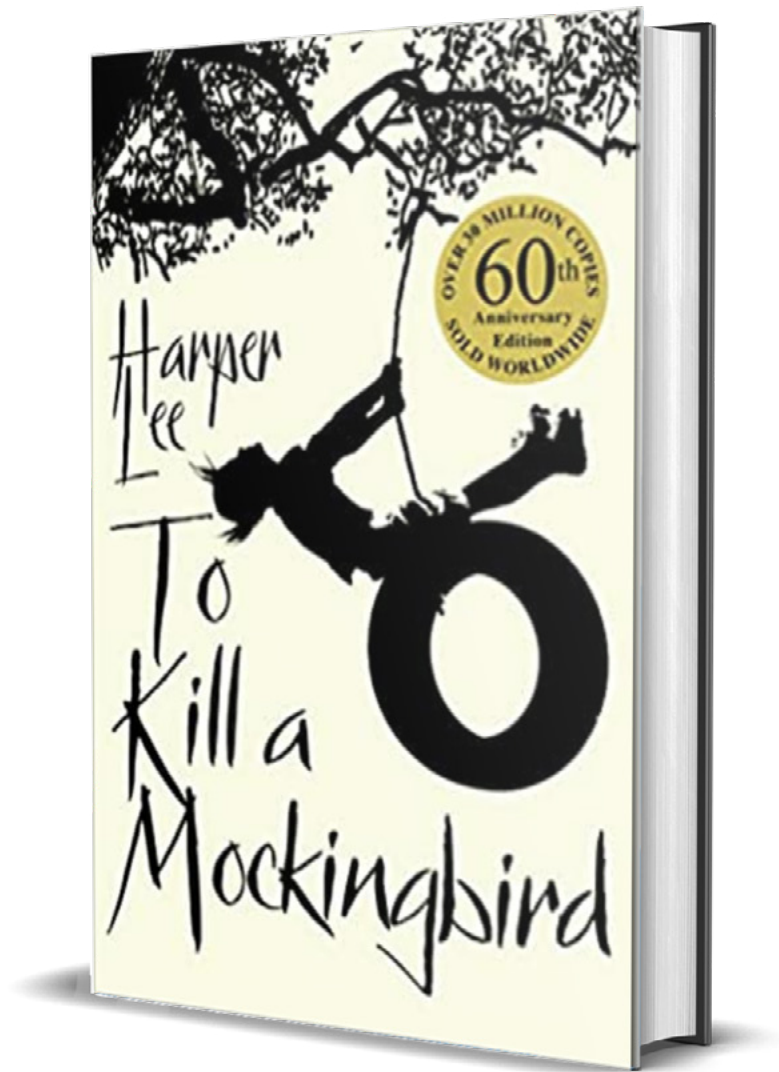
Art/Artist

Chhattisgarh Tourism

Bookshelf

BOOKS OF THE MONTH





TO KILL A MOCKINGBIRD

Harper Lee

To Kill a Mockingbird, novel by American author Harper Lee, published in 1960. Enormously popular, it was translated into some 40 languages, sold more than 30 million copies worldwide, and is one of the most-assigned novels in American schools. In 1961 it won a Pulitzer Prize. The novel was praised for its sensitive treatment of a child's awakening to racism and prejudice in the American South.

Available on   



From the **EDITOR'S DESK**

Ever since the global pandemic had hit; we had witnessed a paradigm shift in the literature also. Indeed! It has affected millions of lives all over the world and had left a never-ending scar on our thought-process but do we really need to divert our attention to the negativity surrounding it? It has become almost a common sight amongst the authors to find either stories, poems and novels either focused or inspired from COVID. Is our literary legacy so much volatile that a global pandemic has shifted the attentions of creative genius from creating meaningful content to writing just about a global pandemic? Undoubtedly; our literary legacy is far more rich and vivid than to wither away from such petty storms. The Literary Mirror presents its September Edition with an oath to bring quality works in this turbulent time.

Nitish Raj
Editor-in-Chief
The Literary Mirror

The **Literary Mirror**

A Venture of LITERIA INSIGHT

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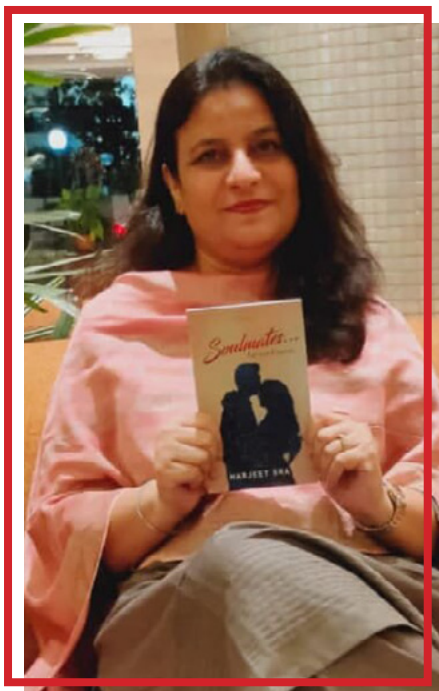
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Meet the Indian Author

DR. HARJEET SRA



Dr. Harjeet Sra, an academician from Chandigarh has come out with her debut novel '**Soulmates...love is forever**' published by Petals Publishers and Distributors, Ludhiana, during the lockdown. Soulmates...love is forever an enthralling and poignant tale of love, friendship, and sacrifice. It trails the soul stirring and passionate journey of Ruhi, the main protagonist who lives in a small and picturesque hill town along with her two childhood friends. The book unfolds Ruhi's struggles and dilemmas unravelling the mystery of her true soulmate along with intertwined pertinent issues threatening the pristine beauty of her hill town. Do soulmates Exist? How do you

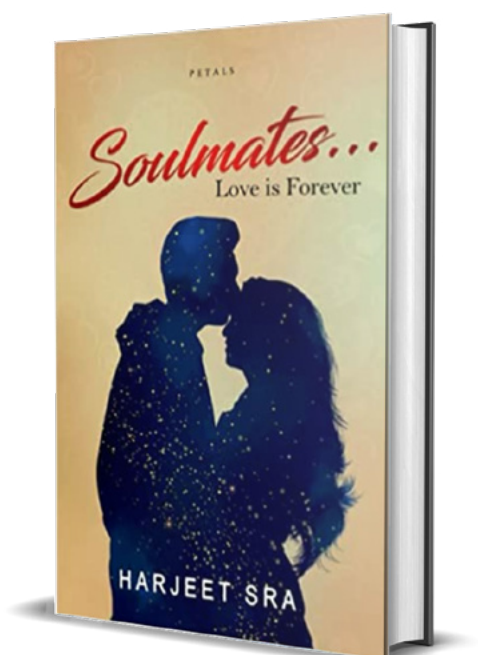
recognise a soulmate? Are soulmates always the lovers and end up together? It's really difficult to figure out the real answers. The author has deeply reflected on such fascinating questions and tried to give her insight into it.

The engrossing love story with a strong environmental issue at the backdrop has hit the right chords with the readers. The hill towns have been experiencing tremendous pressure due to rapid growth of population, increased construction activities, bursting hotel industry and high tourist influx from last few decades. This has strongly impacted environmentally fragile hill towns and its ecology. The book dwells deep into such issues and embarks us on the intriguing journey of how Ruhi battles against the people trying to convert the Hilltown into concrete jungle with strong support of her friends.

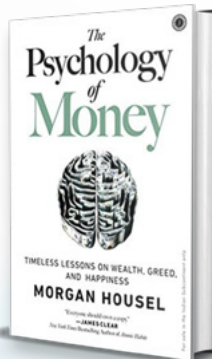
The book is receiving rave reviews from the young readers and is among the hot new releases on Amazon best sellers. One of the readers on Instagram wrote, "I absolutely loved the book and finished it in just two days. The poetry at beginning of every chapter is the USP of the book. Another wrote, "It's a never-ending saga of love, a must read for all romance fiction lovers."

An Alumnus of DAV college, Jalandhar, Dr. Harjeet Sra did her Ph.D from Panjab University, Chandigarh. She is presently working as associate professor in college. She has published many research papers in reputed journals and books. She has been awarded

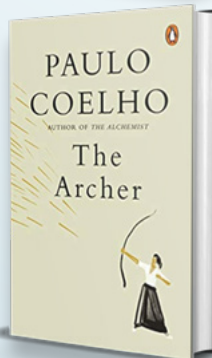
'Research Excellence Award' for her Ph.D work by Institute of Scholars, Bengaluru. 'Best Teaching Award' for her contribution to Education and society. She is an avid reader and have a strong passion for writing poetry and prose. She has published her short stories and poems in the Anthologies, 'Perspectives of Hope', 'Fragrance of life', 'Lockdown Blues' and 'Tales of 2020' and Poetry and You, Edition III. Apart from writing, she loves travelling, exploring new places and meeting new people. Her dedication is what sets her apart from anybody else She is a well-rounded individual who lives with passion, dedication, and grace. You can reach her at authorharjeetsra@gmail.com



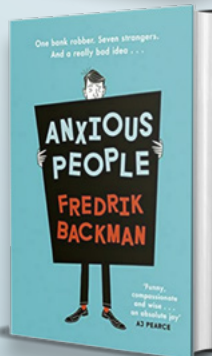
Books Of The Month



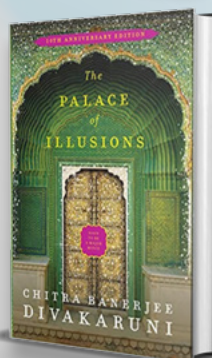
Book: The Psychology of Money
Author: Morgan Housel
Publisher: Jaico Publishing House (1 September 2020)
Price: INR 247
Pages: 252 pages
Language: English



Book: The Archer
Author: Paulo Coelho
Publisher: Penguin Viking (16 November 2020)
Price: INR 165
Pages: 160 pages
Language: English



Book: Anxious People
Author: Fredrik Backman
Publisher: Michael Joseph (3 September 2020)
Price: INR 491
Pages: 352 pages
Language: English



Book: The Palace of Illusions
Author: Chitra Banerjee Divakaruni
Publisher: Picador India (24 May 2019)
Price: INR 295
Pages: 384 pages
Language: English

Adolescent *Love and Suicide*

Jyoti Jha



Increased interest in romantic relationships is one of the defining features of adolescence and it plays an important role in their emotional wellbeing. When in love, a teenage heart is cheerful, and their mind is floating in the air constantly. There is music in every beat and dance in every step. Whether there is a coffee date at a mall, a movie show at the cinema, or a friend's party, the young love is in full blossom with a possibility of beginning as a brief relationship, progressing into an intimate affair, and transforming into an intense and committed relationship. And then suddenly one day, everything comes crashing down! Instantaneously the singing heart has converted to a consistent foul mood, irritability,

sulky attitude, and a catatonic zombie behaviour. Till the time you figure out that your teenager's beautiful love story has run its end credits, it is too late.

Suicides among teenagers have continued to be a serious concern and it is the second leading cause of death for adolescents and young adults. While a majority of suicide cases are associated with significant mental health issues, family history of suicides, exposure to violence, feelings of despair, self-doubt, stress, acute loss, etc. the one that is significantly concerning are the variables related to adolescent romance. Why does a young love that is supposed to be soaking in the euphoria of love and brimming in the vibrance of life, lead to the dark path of suicide attempts or completions?

Adolescence is a transition phase when the body and mind undergo multiple significant changes, and that is reflected in the form of attitudes, behaviour, sensitivity, and perception of the adolescent. It is but natural at this stage to desire the attention of not only friends but also feel attracted to a particular someone. While the brain is still developing and the behaviour is impulsive, spontaneous, unable to foresee the consequences of their acts, the young heart is in full swing of hormones and jubilation. While romantic relationships are common at this stage, they are mostly shorter in duration, and relationship break-ups are quite common. Whether a

breakup is due to rejection, refusal, disregard, or Passover, the breakup of a romantic relationship is the most traumatic experience in youth and a lead cause for psychological distress and suicidal attempts among youngsters.

Even for parents who find themselves dawdling between a sense of despair, dismissive attitude, and wondering why their teen is holed up in the house refusing to participate in regular activities, they are usually stuck over how to deal with their teenager's heartbreak. It is also commonly assumed that young people's adjustment over time while dealing with the grief of heartbreak and pain associated with it, diminishes itself with the passing phase. What we need to realize is that breakups can have severe negative outcomes for the adolescent.

Apart from heartbreaks, another concerning factor leading to teenage suicide is being in an abusive relationship. Domestic violence, harmful relationships that are unhealthy and abusive, can cause long-term consequences that could lead to suicidal tendencies. So, what needs to be done to reduce this alarming rate of suicidal tendencies among adolescents who find it difficult to deal with the heartbreak in a romantic relationship?

While it is yet to be deciphered what types of relationship issues strongly contribute to mental health issues and suicide risk, seeking help from



COLUMN

counselling is helpful, be it by a family or friend where the teenager feels comfortable communicating, or professional help. A young heart's feeling of 'being in love', convictions of 'true love', the experience of confusion and hurt need to be acknowledged and carefully examined. Look out for those alarming signs when youngsters continuously use sentences like "I wish I was dead", "I won't be a problem for anyone anymore", etc. It is still difficult to bring people to talk about suicide, however, a clear communication and sensitive approach is highly required

in such cases. Parents and guardians need to be not only vigilant, but also open to discussing openly about their children's wellbeing, mental state, feelings, and depression.

Teenagers, on the other hand, need to understand that they don't have to jump into the ship of love just because their peers are into relationships. Approach someone only when your heart and mind are driven towards the person naturally, find out about the person as much as you can. Talk to a trusted adult about it. Even young

love is beautiful, but it should not be rushed, it shouldn't be dealt with the impulsive approach. Enjoy the lovely phase of being in a relationship, and even if there is a separation, don't sulk forever...there is life beyond a heart-break. Be happy, be strong and rejoice in life for so many reasons that life has to offer!

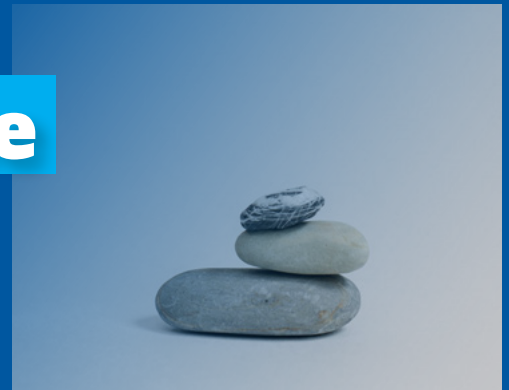


About the Columnist

An HR-turned-Author, Jyoti Jha is an MBA by qualification and has been associated with corporates like Infosys and Whirlpool in the past. Having lived in the USA and UK for more than a decade, she embarked upon the journey of exploring the field of literature. A Literary Critic, Columnist, and an esteemed winner of 'The Times of India Write India Season 3', she has authored the books, 'The Realms of Human Emotions' and 'Around The World Through My Lens'. A proud panellist and Guest Speaker in Talk Shows at prestigious institutions like IIM Lucknow, IIT Delhi, IIT Jammu, and Christ College, she has been featured in various esteemed media houses.

The DOGtrine of Peace

by Dr. Manjiri Prabhu is a *Spiritual Journey*



Book- The DOGtrine of Peace

Author- Dr. Manjiri Prabhu

Publisher- Readomania

Format- Paperback

Price- ₹330

Genre- New Age and Spirituality

Source- A signed copy received by the author at Crosswords Bookstore, Pune

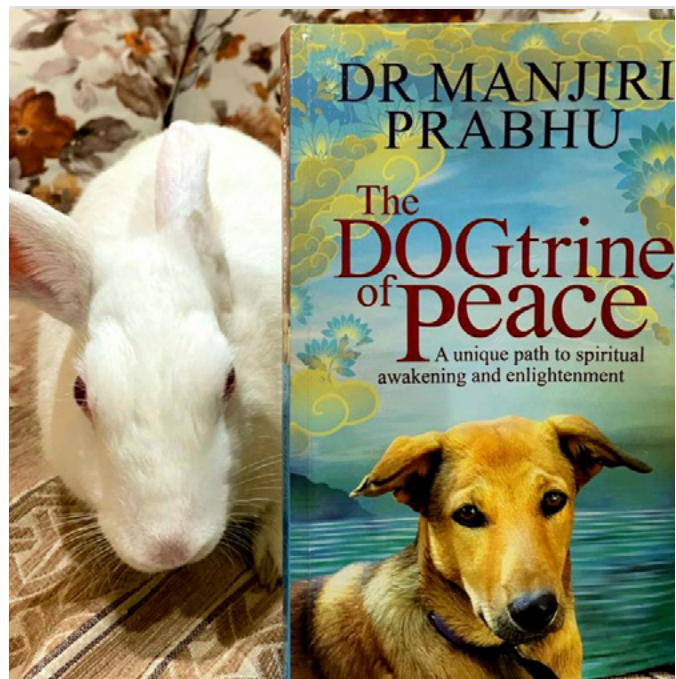
Reviewed by- Jyoti Jha

Rating- *****

“The mysteries of our existence can be revealed to us in enigmatic ways”

I used to find it amusing when my younger sister in Mumbai would bring home street puppies, clean and bathe them, feed and replenish them, play with them, and then send them back happy, gleaming, and satiated! Over the years, spending sporadic blissful moments with a clan of six pet dogs overall in the family, and becoming proud pet parents of two charming bunnies (energy furballs who qualify as much as dogs and cats as pets); did I relate to the unflinchingly emotional connect my sister felt towards those street dogs and her own adorably cute three pet dogs.

I strongly believe that to connect with other natural forms on this planet and to consciously care about their coexistence makes living meaningful and prevents us from just hastily chasing an event called life. At this juncture, to have come across a



spiritual guide like *'The DOGtrine of Life'* could have only befriended me in my inherent belief and handhold me to newer aspects towards the path of spiritual awakening and enlightenment.

The book is a sublime experience and an enriching journey, written by a person who needs no introduction. *'The Indian Agatha Christie'* and a *'match for Dan Brown'*, Dr. Manjiri Prabhu is a literary celebrity who inspires multitudes and believes that 'literature heals and is a prerequisite

to a peaceful society'. Living by the mantra that 'everything happens for a reason', she strongly believes in 'soul connections, Twin flames, and messages from the Universe'. After multiple remarkable literary contributions and masterpieces, *'The DOGtrine of Peace'* is her yet another meaningful non-fiction for society and that clearly depicts her profound knowledge, practical understanding, and extensive research on the conscious idea to 'spread the message of love, peace, harmony, co-existence, and compassion, keeping

BOOK REVIEW

in mind the dog, man's oldest and best friend as the source'.

The book is not a guide, it is not a handbook, it is not, by and large, a story; the book is a wonderful involvement for the readers that enlightens them towards the path of bringing change in themselves, within them, and around them. Divided into two parts where through personal anecdotes, incidents, stories, narratives, and interviews of renowned pet owners from different fields, the author undeniably depicts 'Dog as a Loyal Friend' and 'Dog as a Spiritual Catalyst' and intriguingly elucidates the 'stages and sutras of the nine-fold DOGtrine of Peace'.

Be it the Facts, Claims, and Benefits, or the Heart-to-Heart connection. Whether it is a conversation with the expert Dr. Stanley Coren about Canine Behaviour, or the ideologies of multifaceted Dia Mirza about Dogs and the Planet, 'the importance and urgency for us to co-exist with nature'. Whether it is the stories of Success and Love, or the insights of animal rights activist, Mrs. Maneka Gandhi. Dr. Manjiri has brilliantly and successfully portrayed the essence of dogs for

our well-being and our spiritual journey, and how dogs are not only our companions but also our healers and saviors. Through the excerpts of conversations with yoga gurus and Animal communicator, Dr. Manjiri has outlined the divine connection of yoga, spirituality, religion, cosmic association with our beloved friend Dog as the epicenter, and how all this leads to the 'Sutras of DOGtrine of Peace'.

The fine and heartwarming references to the stories of Bobbie the Wonder Dog, Hachiko, Blue Cross, and many more, the author shows us 'what a fascinating and incredible relationship we share with our dogs- a connection so deeply rooted in the heart and so spiritual that it surpasses time, distance, and even death'. The 'signs and reaching out from beyond' particularly feels fascinating where the parallels between the author, and Agatha Christie's lives, unusual connect, and startling similarities emphasize the theory of cosmic connection and how the 'Universe works in strange ways'.

There are several takeaways and multiple learnings from 'The DOGtrine

of Peace'. 'In a world where human beings claim superiority and the right to survive above all', this book definitely paves the way to a newer aspect of enlightenment and the message that leads us to take that first step towards good karma, help, and care for a 'helpless, hungry and love-starved dog'. I would most certainly agree with the author that, "In the DOGtrine of Peace, where you serve, love, and care...A divine flash will surely shine on a path that both can share..."

A must-read for every Animal Lover and all Animal Non-Lovers.

About the Reviewer-

An HR-turned-Author, Jyoti Jha has been associated with corporates like Infosys and Whirlpool in the past. Having lived in the USA and UK for more than a decade, she embarked upon the journey of exploring the field of literature. A Literary Critic, Columnist, and an esteemed winner of **'The Times of India Write India Season 3'**, she has authored the books, **'The Realms of Human Emotions'** and **'Around The World Through My Lens'**. A proud panellist and Guest Speaker in Talk Shows at prestigious institutions like **IIM Lucknow, IIT Delhi, IIT Jammu, and Christ College**, she has been featured in various esteemed media houses. She has been proud panellist for session **'Influence of Literature on Bollywood'** with multifaceted actor **Rahul Tomar**, and has attended **Talk Shows with RJ**.



Story

The Vaccine

Projato Chakraborty.



'Another dull and sunny day in Kolkata', Arunava thought to himself. He was preparing to leave to get vaccinated having finally managed to get an appointment of this oh so life-saving serum. Needles were never in his forte, but this time he didn't feel necessarily troubled. On the other side of the world, in Ohio, Roger was just getting home from work. He had been vaccinated the day before. 'The second day usually hurts the most, that's what I have been told' – he thought as he was having his cup of hot chocolate. They both had stuff to worry about — Arunava being a recent graduate, was looking for a job in the tough market with the country in turmoil. And, Roger, patiently waiting for a promotion after three years at the same position with no appreciation from either his peers or his bosses. Roger, despite waiting patiently showing no desolation whatsoever, desperately wanted the promotion, for he was wanting to propose to this girl he had been seeing for two years. He knew that he deserved this position more than anyone else, so did his peers. He lived and breathed for

data science. It had been his dream since he was a child. He wouldn't have been chosen in this company to begin with if he wasn't THAT good at what he did. The marketing job where Arunava was at, needed him to solve a problem. Indian parents never quite saw marketing as an actual job. To them, anything except engineering and being a med student didn't exist. He was struggling with the problem. Arunava dreaded not having a job after graduation; to him, higher studies were not an option. All he needed to do was let out that tempt out the anger he had stored in him over the years and show his parents what he can do after finally getting a job. The problem was difficult, a skill-share affiliate marketing company wanted to predict locations with higher demand and better audience to profit and increase their numbers. The historical data with all the people joined last month, and year and, places with the highly educated audience was all there in front of him, somehow, he wasn't able to figure out where the company's next destination should be. Maybe it cannot be done by him, he thought.

The vaccination was painless, he hardly felt anything. The nurse asked him to be careful and watch out for symptoms and take paracetamol if needed. On the other side, Roger was getting ready for bed. Since it was his second day, the whole day was kind of drowsy for him – before going to bed, Roger took out the vial of ibuprofen he was supplied by the nurse yesterday, had one and went to sleep. It was later that night when the symptoms finally hit Arunava. He felt nauseous, out of breath and dizzy. He wondered to himself if this was supposed to be like this. Sweating continuously, he wanted to give up. He lay having paracetamol. 'Make this go away' he squealed to himself. Telling himself work can wait, he slowly drifted to sleep. Roger had to skip work the next day. Sleep or rest wasn't the problem. He felt different... He just did. The pain in his hand was almost gone. It felt as if the world revolved around him. Everything felt crisp. Nursing a cup of coffee, he sat in front of his laptop. He opened it to mail to his boss letting him know he can't come today. Scrolling through the junk mails, one seemed to hit his eye.



Projato Chakraborty.

Student of 2nd year in Artificial Intelligence and Robotics at the computer science department of Sister Nivedita University (Kolkata) and a resident of Siliguri city in West Bengal. Finds interest in Photography, listening to a vast array of music, and creative writing once a while in which he dabbles in his leisure. Grew up idolizing my dear departed brother who had introduced me to the wonderful world of literature, photography and music in which I now find solace. My parents are educationists who allow me enough freedom for thriving as a self-assertive individual.

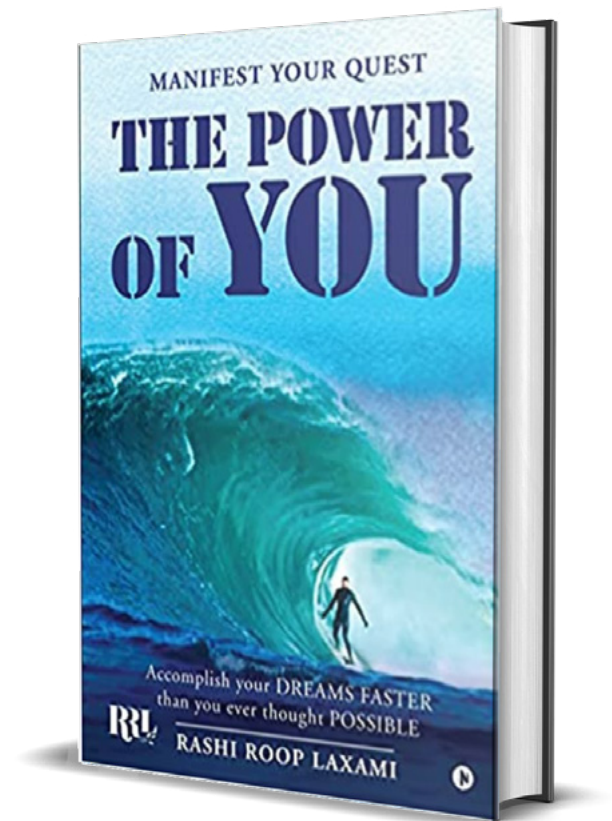
FICTION



It was a letter from his boss – he had been promoted! He quickly got dressed and left for work. Thanking his boss, and getting congratulated by everyone else, he started his daily work. He spent the rest of the afternoon working on his tasks – coding literally flowed out of him. A surge of new knowledge had hit him this morning and it hadn't vanished yet. He never felt this way before. On the other hand, for Arunava it was late at night. He couldn't figure out how to solve the problem, the whole day. He didn't have the fever anymore, he just felt weak. It felt as if, he didn't even have a clue anymore – as if he was losing all his senses. He even forgot the part he was actually able to decipher. He thought to himself, that it had to have been the vaccine that was causing all this. Days went by, the interview date was here. Arunava didn't attend. He was nowhere to be found. He was called by the employee's tons of times... no answer. He had left his house. He needed a break, he thought to himself and went off on a journey for a month, thinking it would help him. Roger had been acing everything with flying colours. He had even left his old job and applied for a new government job for a far better position and likeable topics, in which he could actually make a difference. He got a call from his Indian fashion designer friend, asking Roger for help with predicting locations with higher

demand for his company. Roger figured out the problem in a mere 15 minutes. This type of work wasn't even a proper challenge to Roger anymore. In the last month, he had even finished the poetry book he was struggling with. Publishers fought to get the contract signed by him. Roger was puzzled, it was only the vaccine that made the difference. What was in it? Were there others like him? Will he lose his powers? Months went by... Arunava lay in a hospital bed, a mental asylum. Since the day of his vaccination, he had slowly started losing it. He tried getting it in control, but sadly couldn't. He lay on the bed wondering what was in the vaccine? Were there others affected like him? Or, was he alone? The doctors were taking longer than usual to figure out what was going on with Arunava. Roger never lost his powers. He started his own start-up. His start-up went unicorn. Money and fame were never the problems. He finally was confident enough to propose to that girl. He proposed; they got married. Back at the vaccine factory in Ohio, an employee stood sheepishly in front of his supervisor. 'Batch X69tf-12 had contamination. We have sent out contaminated vaccines.' The supervisor looked worried. If this led to deaths, his job and the company's reputation will be on the line. 'What did it get contaminated with?' He asked a bit scared. 'Oh, it

was the new anti-dementia meds we are prototyping. I don't think it will do any harm.' Back, in Kolkata, Arunava's doctors finally had an answer. One doctor had finally figured out the cause was due to contamination of the vaccine. They had contacted the vaccine factory and found out what it was contaminated with. 'Benzodiazepines, anti-anxiety meds' – the vaccine company said. The nurses and doctors rushed to treat Arunava properly this time. But alas, they were too late. Arunava had jumped off from the rear window from his room on the 14th floor.



Have you ever wanted to **Manifest your Quest in Life?**

A question which ponders in our mind now and then and the answer lies in the book that brings you closer to your dreams and goals. It is not a composition, conjured up from any imagination. It is rather a beautifully crafted book that came from the author's own experience. This book is an expression of the author's own quintessential self strung-together, in words that resonates with your soul.

Rashi Roop Laxami, as a child, was as ordinary a kid as most of the ordinary ones ordinarily believe themselves to be. As any average student often rates oneself to be. However, something came through. That something, we call, 'awakening'. This awakening came to her once she realized the potential

hidden deep within. She understood that there was a gap between where she was stuck and where her true potentials would catapult her, once manifested. Somehow it lay untapped. That miracle moment, called 'awakening' came to her like a lightning spark, all of a sudden, with her excelling and blooming in all faculties - her creative faculty, her intellectual faculty, her faculty of public speaking, dance and expression. Then she sat back to evaluate and to understand what exactly happened, that she was experiencing glory in every arena she ventured. And after that there was no looking back.

She has a strong spiritual background, as she has been raised in an environment where the mind has been trained



Rashi Roop Laxami
Author

COVER STORY

into tuning in with the vibrations of higher entities around. She has an innate sense of giving and helping people. Despite being a lawyer, she always had a spiritual calling for giving and immense urge for being there for people who needed her in their dire straits. She believes herself to be a medium to provide help to people who needed her in their grief. While connecting to the source, she started manifesting what she wanted for herself. She also started manifesting for people, who came to her, looking for manifestation. So, this has been her journey. She became an author to share her personal experience and the experiences that she gained in the process of helping people manifest in their lives.

When her clients and people around her sought her help in manifesting their dreams, she felt an urge to reach out to many more people who cannot directly reach her. So, the book, 'Manifest Your Quest.....' manifested, somewhat involuntarily, to help people unravel that secret, that magic which leads one to manifestation of their dreams and goals. Even a cursory reading given to this book would make it's reader learn that dreams aren't mere figments of imagination to be discarded as forgettable lies. Even dreams come true, if only one has awakened one's power to manifest them into reality.

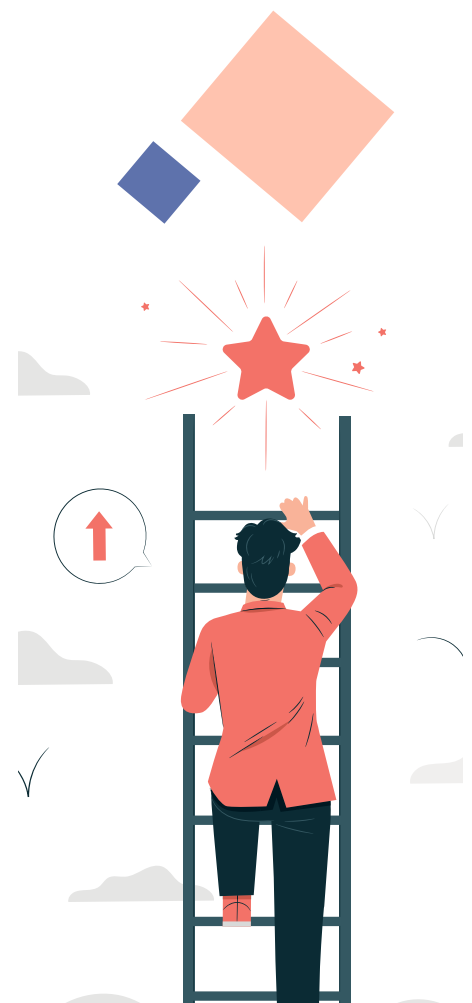
She has been endowed with these secrets as a child that she unconsciously reared and unknowingly manifested effortlessly, to everybody's surprise, though not to her surprise. She excelled in whatever she did. She would master a faculty and excelled in it. Her parents and her family were in for a surprise, but none to her, as she always knew this was there as naturally as one's breath, awareness of which seldom occurs. This is the art of manifestation. She knew she could do it. That's why she did it. Through the book Mrs. Rashi wishes

to bring out a secret to the fore, for all those people, children and adults who do not believe in themselves. To rejuvenate those who think that they do not have that which they ever cherished as 'talent' difficult to attain. This book is for them. Because it is just a matter of realization. Just like that, it was an awakening for her. And she owes this awakening to her spiritual grooming.

In her pursuit for ambition and identification to become someone she became an intellectual property lawyer, working in a corporate world. But there was a strong calling to help people. To reach out to other people as there are many who are in need of help and she was being inadvertently pulled toward that. For things that we know and even for things that we do not know. Because there is a bigger universe of knowledge which she channeled through the various techniques that she used, to help people. There is a larger purpose than what is visible to us. This universe and the power behind it, functions in ways impossible to comprehend, much less to reason out logically. And she works as a medium to help people connect and channel that supreme energy, that universal knowledge and magic, through her. She helps people get closer to the materialisation of their dreams and manifest their personal quest.

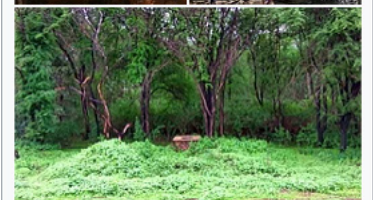
More and more people came to her and started sharing their experiences of how she has helped them and this inner calling became so undeniably strong that she started learning different modalities of helping people. She herself faced situations in life, not knowing how, but manifesting things for herself and her clients as well. She was able to unfold the magic and the secrets of manifestation. Through this book '*Manifest your Quest: The Power of You*' she wants to reach out to as many people as possible to help them manifest their

quest in life. If you believe it, you can do it. This may sound as an oft' Quoted line. This may again appear hackneyed to you but fact remains, 'Our destiny is made by our own hands'. And only those who have the power to believe in themselves, can do it. This mind is not just a bundle of thoughts. It's rather a marvelous gift of the power that empowers every bit that exists.... And this book is all about how to make it marvelous and use it for your purpose.





Chhattisgarh, state of east-central India. It is bounded by the Indian states of Uttar Pradesh and Jharkhand to the north and northeast, Odisha (Orissa) to the east, Telangana (formerly part of Andhra Pradesh) to the south, and Maharashtra and Madhya Pradesh to the west. Its capital is Raipur. Area 52,199 square miles (135,194 square km). Pop. (2011) 25,540,196.



From top, left to right: Chitrakote Falls, Lakshmana Temple at Sirpur, Kotumsar Cave, Jatmai Mandir at Gariaband, Abujmarh

Traditional Folk Dance of **CHHATTISGARH**

The Chhattisgarhi culture is inundated with varieties of dance forms, essentially because of the number of tribes dwelling over the tremendous field of the state. There is a social amalgamation because of the commitments of every tribe and sub lingo.



1. Saila Dance

The dance form from Chhattisgarh is performed by young men after the reaping season. This stick-move includes the young men who move in different styles as they strike their stick against the stick of the individual remaining by them. The individuals who take an interest in the move are given paddy by the townspeople as an indication of appreciation. The peak of this interesting move structure is normally a Snake Dance!

2. Karma Dance

Typically performed by tribal groups like Gonds, the Baigas and Oraons in Chhattisgarh. This dance form denotes the finish of the stormy season and coming of spring!



3. Sua Nacha

It is normally called as Parrot move and is performed during the occasion of Gaura Marriage! It is a common-place kind of development related to cherish. The performers sing and move around, joined by boisterous types of applauding.

4. Pandavani

It is the dull pony of Chhattisgarh Folk Dance! It depicts the record of Pandavas – the primary characters of an epic fight. Teejan Bai of Chhattisgarh is one of the most well known Pandvani entertainers, she has different honors like Padma Shri, Padma Bhushan and so on.



5. Panthi Dance

Panthi Dance is one of the most significant types of folk dance right now. A noticeable custom of the Satnami people group of Chhattisgarh. The people group commends the birth

commemoration of Guru Ghasidas on Maghi Purnima. The rich social legacy and customary inheritances of the inborn gatherings of the Durg area is unmistakably portrayed through this dance form. The move consolidates an assortment of steps and designs and as a rule, means the lessons and adages of their sacred instructor.



Chhattisgarh Food

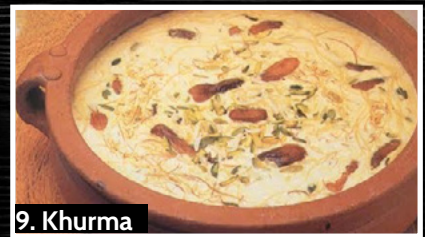
Being a state which produces staple food in abundance, a great part of the food culture of Chhattisgarh consists of the staple crops such as Rice, Bajra, Jawar. The food of the state is highly inspired from its neighbouring states. Hence, a great meal of food of Chhattisgarh promises a great taste and delicious inspirations from its neighbours.



1. Muthia



5. Sabudana ki Kichdi



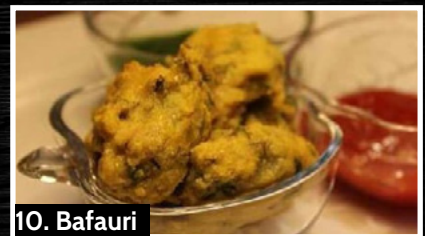
9. Khurma



2. Aamat



6. Bara



10. Bafauri



3. Chila



7. Faraa



11. Dubki



4. Bhajia

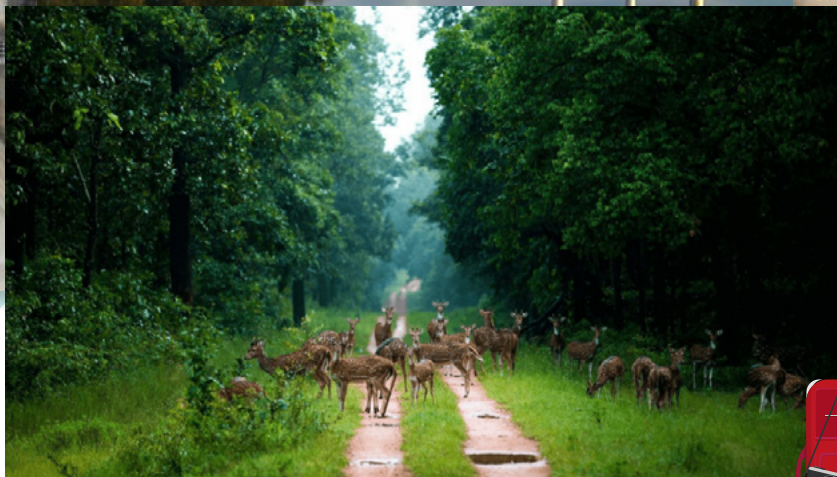
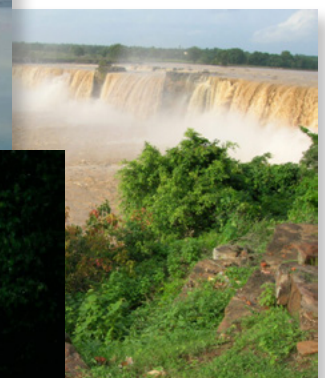
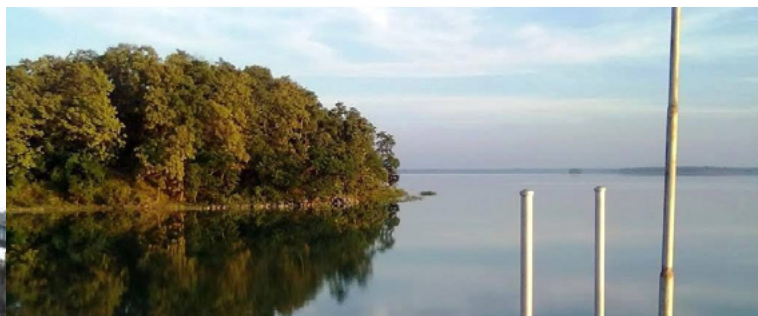


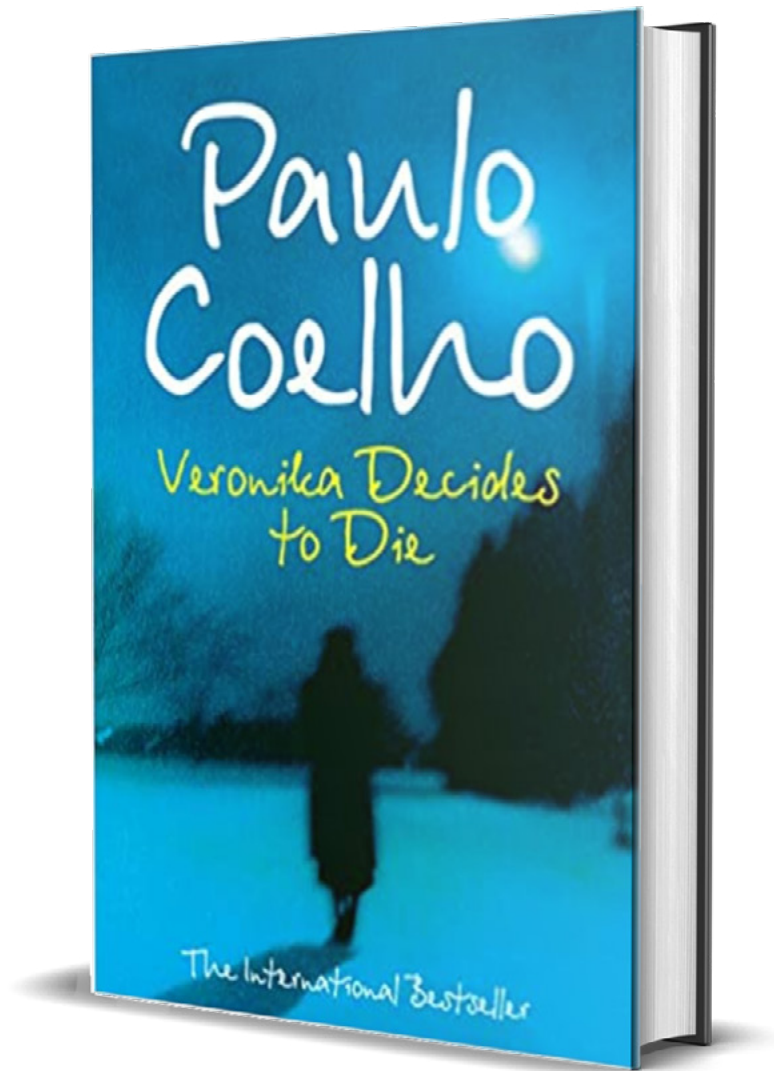
8. Tilgur



CHHATTISGARH Tourism

Chhattisgarh, one of the few landlocked states in central India, is a treasure house of natural beauty. Tourists wanting to experience the raw side of nature will find themselves at home here. It is its rusticity that makes you fall in love with it. Dense forests abound in the state, and in them, reside various tribes, each with their unique customs, traditions and way of life. The points of tourist interest in Chhattisgarh also include ancient temples and towns which have constantly attracted historians and archaeologists. There are plenty of wildlife sanctuaries which house a rich wildlife, with the gaur never ceasing to surprise onlookers. Other must visit tourist attractions include dams, museums and waterfalls.



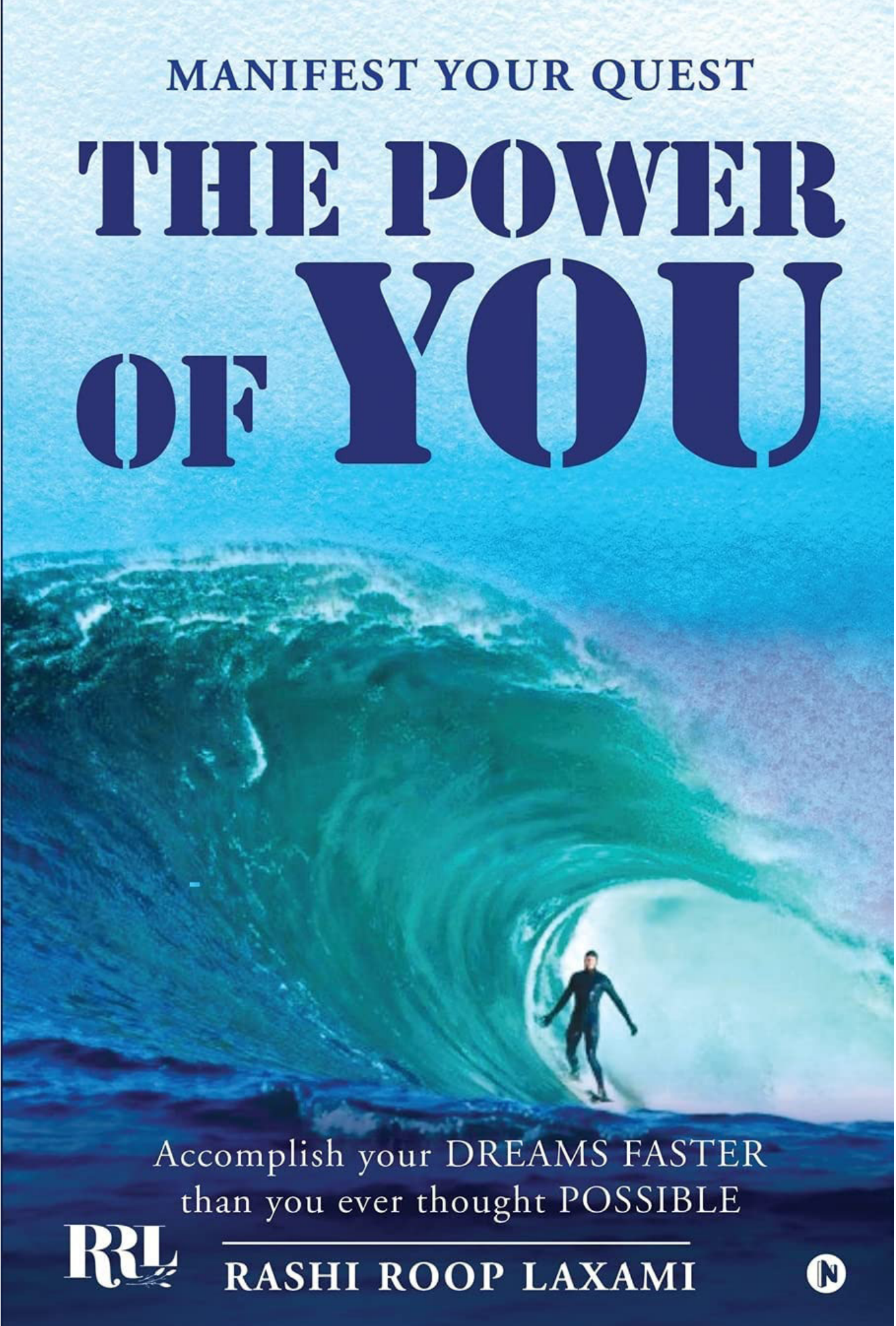


VERONIKA DECIDES TO DIE

Paulo Coelho

Veronika Decides to Die is a very inspiring tale which is self-evident because it comes from the author of the world famous novel, The Alchemist. The book has inspired many people to live in a happier manner and has been considered as a pure work of art. It has also inspired other forms of art like theatre and music. A lot of bands have composed songs based on the storyline of the book.

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